

# Four Basic Needs

There are four basic needs to creating a community that is genuine. Meeting these needs offers residents a safe, nurturing environment that can lead to increased property values, happier, more productive people and a higher quality of life.

## Physical

The IFC has aligned itself with architects and experts to create physical environments that inspire genuine community among inhabitants, which is conducive to building relationships and meeting the needs of the individuals involved.

## Informational

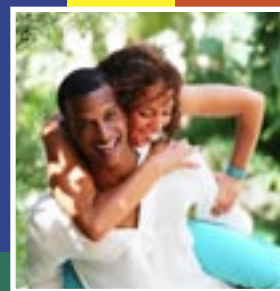
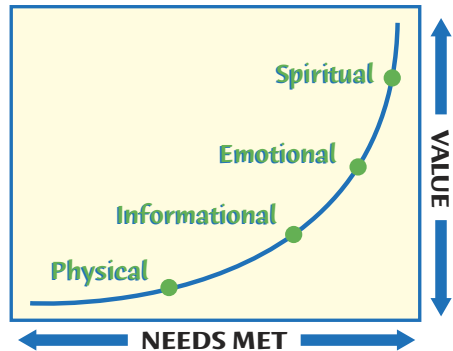
The IFC has developed and tested numerous ways to inspire people to become involved and interact with others by effectively communicating, connecting and exchanging information.

## Emotional

People begin to reach an emotional level of value, experiencing belonging and influence, enabling them to feel loyalty and a “call to action”.

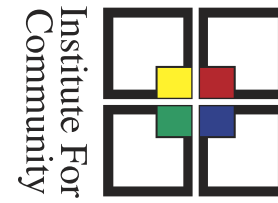
## Spiritual

The highest level of value is attained by helping people develop a sense of spiritual connection to their community, allowing them to feel part of something much bigger than their everyday circumstances. The IFC works to develop this through programming, community leadership development, and everyday interaction.



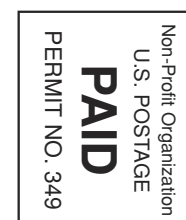
Over the past fifty years, job relocations, social issues and time pressures have isolated many of us. We live in one town, work in another and shop in another. Recently, however, people have become eager to restore the bonds between us and develop more meaningful relationships where we live and work; bonds that we call community.

The Institute For Community began 10 years ago, established by community, business, and spiritual leaders to address quality of life issues in America’s neighborhoods. Years of research and development led to the creation of technologies to deliver quality, affordable services to neighborhoods that focus on building strong family values, balanced lifestyles and quality relationships. The IFC is a 501(c) (3) Non-Profit community service organization dedicated to providing charitable programming that exists to help people build relationships where they live and work through the power of genuine community.



Institute For  
Community

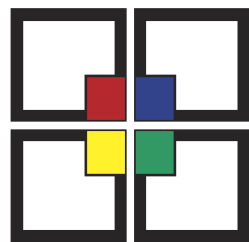
175 S. HighPoint Dr.  
Romeoville, IL 60446  
(815) 588-6130  
www.instituteforcommunity.org  
Email: ifc@highpointcommunity.com



Building  
Community

# “The Four Squares”

Friendship Partnership



Membership Ownership

## Belonging

For community to be a reality, we need to know we truly belong in our relationships and in the groups of which we are part. Developing identity and belonging that includes and goes beyond individuality is integral to community building, and is experienced in two main ways:



**Friendships** that regularly include encouragement, support and accountability aren't easy to establish or sustain. WE will show you how to build a friendship that not only brings you closer together, but also contributes to group loyalty and commitment.



**Membership** isn't about paying dues or being listed on a role. It means that your sense of who you are is integrally attached to the group of which you are a part. The IFC will train you in how to facilitate a positive sense of group membership, which is crucial in the development of community.

## Influence

To live in community, we must regularly see that we make a difference, and that we have a positive, meaningful impact on the lives of others and the people and groups of which we are a part. This experience involves two aspects:



**Partnership** is all about knowing and being needed by the particular people with whom you live and work. WE will show you how to bring more partnership into your life through relationships in which you have a positive influence in the lives of others.



**Ownership** is all about the ability to make a difference that affects the groups to which you belong, offering positive influence through shared decision making and mutual service. The IFC will train you in how to create ownership with the people with whom you live and work.



## Programs and Services

**1 Consulting** - provides community building direction and assistance for neighborhoods, towns, large municipalities and even church groups.

**2 Teaching** - key to building strong communities, with courses designed to promote community volunteerism, activism and connectedness.

**3 Community Service Operations** – promote family values and a balanced lifestyle. To sustain this, the IFC has developed a revolutionary community service model called the Friendship Centre, a place for families to live, love, learn, and celebrate life.

**Friendship Centres deliver valuable services to the community through:**



- **Recreation** programs provide fun for all ages and an opportunity to rest, enjoy and celebrate life with others.

- **Resource Centre** creates value based on specific neighborhood needs. Youth after-school programs, adult support groups and entrepreneurial business services are just a few of the many programs that are developed based on the needs of each individual community.



- **Church** planting addresses the spiritual needs of the neighborhood. The Friendship Centre will consult with leaders in the community to assist a church in providing programs that meet the needs of the neighborhood.

*All services offered at the Friendship Centre also include opportunities for scholarship that assist families in financial need.*

## The Wheel of Life; Taking Steps to Community

Programmed through our Wheel of Life, the Friendship Centre offers a **F.R.E.S.H.** alternative to participants of all ages. Programs are developed



in the areas of **Family, Recreation, Education & Career, Spiritual, and Health & Wellness**. The Wheel of Life includes everyone through common interests and encourages a balanced lifestyle. You are encouraged to walk the steps to genuine community with others. Coming in Contact with others, Connecting through common interests, and Contributing in your neighborhood leads to the wonderful experience of Genuine Community.

To increase your quality of life where you live or work, contact the Institute For Community today!

